

PRAYER

O God,

Source and foundation of my being!

Thank you for the gift of my life!

I realize that my body belongs to the process of evolution

But my consciousness is the reflection of your eternal spirit

Breathed into my earthen vessel!

Thus I bear within me your seed, your image and likeness!

You are Fullness so also my nature is fullness!

You are Eternal so also my nature is eternal!

You are Free so also my nature is free!

You unfold creation so also my nature is to unfold life!

Your nature is independent

But my nature is dependent on you!

You have manifested me to 'be fruitful and multiply',

to manifest your attributes of love and compassion in my relationships!

Help me to live according to my vocation

And never to forget my dignity!

Provide for all my daily needs,

Physical, psychological and spiritual!

Forgive me for the wounds I have caused to others

So that I may forgive those who have wounded me!

Do not put me in a situation

Where I may fail to manifest my dignity!

Take me beyond the conflict of good and evil!

And help me to live harmoniously with everyone and everything!

May my will become your will!

May my actions become your actions!

May my desires become your desires!

May my children become your children!

May my life become your life!

Amen.

John Martin Sahajananda

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